

## BUILD YOUR DISASTER SUPPLY KIT A PLAN TO SURVIVE .com

- ✓ Water (one gallon per person per day for at least three days, for drinking and sanitation)
- ✓ Food (at least a three-day supply of non-perishable food)
- ✓ Battery-powered or hand-crank radio and a NOAA Weather Radio with tone alert
- ✓ Flashlight
- ✓ First aid kit
- ✓ Extra batteries
- ✓ Whistle (to signal for help)
- ✓ Dust mask (in case storm damage results in mold or airborne particles in your home)
- ✓ Plastic sheeting and duct tape (consult [this page](#) for guidance on how to shelter in place)
- ✓ Moist towelettes, garbage bags and plastic ties (for personal sanitation)
- ✓ Wrench or pliers (consult your water and gas companies on how to turn off utilities when necessary)
- ✓ Manual can opener (for food)
- ✓ Local paper maps (in case you can't access the internet)
- ✓ Cell phone with chargers and a backup battery
- ✓ Cash
- ✓ Fire extinguisher
- ✓ Change of clothing for each person
- ✓ Sleeping bags or blankets for each person
- ✓ Matches in a waterproof container
- ✓ Paper plates, cups, paper towels, and plastic utensils
- ✓ Paper, pen, and pencil
- ✓ Portable cell phone charger
- ✓ prescription and non-prescription medications
- ✓ prescription eyeglasses
- ✓ Infant supplies
- ✓ feminine hygiene items
- ✓ Pet food

\* Make sure all electronic devices are charged before a storm in case the power goes out.

\* Place all your items in airtight plastic bags in a portable container like a plastic bin, duffle bag, backpack, or carry-on luggage.